



Still Talking

Dedicated to the welfare of Laryngectomees and those with similar vocal disorders.

ALL CORRESPONDENCE : The Secretary, The Laryngectomee Association of NSW

Villa 65/9 Col Drewe Dr, STH Bowenfels, NSW,2790

Email: lansw@stilltalking.org.

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The Laryngectomee Association of NSW©

January 2019

OFFICE BEARERS

PRESIDENT: Les Byrnes, 82/79-87 Boyce Road, MAROUBRA, 2035.(02) 93440445.
0401585287 penbyrnes23@gmail.com

VICE PRESIDENT, WEBSITE ADMIN:

Greg Joss 61 Morrice Street, LANE COVE
2066 (02) 9427 0509

VICE PRESIDENT: Peter Tierney,
11Berrico Place, BANGOR, 2234 (02) 9543
0478

SECRETARY/TREASURER:

Raymond Chappelow, Villa 65/9 Col Drewe Dr, STH BOWENFELS, 2790, 0400 409 325
raymond.chappelow@bigpond.com

WELFARE OFFICER: Cathy Edwards STOMA COVERS, SHOWER SHIELD, WELFARE MATTERS:

Cathy Edwards, PO Box 54, ALLAWAH,
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cedwards53@bigpond.com

ASSISTANT WELFARE OFFICER

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SPEECH AIDS COORDINATOR:

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NEXT MEETING

3rd Wednesday February – November
at the Sydney Mechanics Institute,
280 Pitt St, SYDNEY at 10.45 am.
(EXCLUDING APR, JUL & OCT
DETAILS TO BE ADVISED Pg. 2)
The meeting will be followed by light
refreshments. Laryngectomees,
friends, families, professionals all
welcome.

ACCOMMODATION ASSISTANCE WHEN NEEDED

OUT-PATIENT TREATMENT AWAY FROM HOME:

Cancer Council NSW, 153 Dowling St,
WOOLLOOMOOLOO, 2011 (PO Box 572,
Kings Cross, 1340), Phone: 13 11 20.
(Information & Support) Or contact Social
Worker at hospital you will be attending.

www.cancercouncil.com.au

ASSOCIATION WEBPAGE:

www.stilltalking.org.

INTERNATIONAL ASSOCIATION OF LARYNGECTOMEES:

www.theial.com/ial

WEB WHISPERS:

www.webwhispers.org



“Letter from the President, LANSW”

Welcome to the first edition of Still Talking for 2019. I hope you all had an enjoyable festive season and good health to go with it

Another year is upon us and the LANSW will continue to support its members and look for ways to improve our lifestyle via new technologies and assistance from the medical professionals. Medical research in Australia and other countries is continuing to find cures for and prevention of cancer, together with improvements in the equipment used by “Larys” in their day to day activities. In NSW, we are indeed fortunate to be able to use the new, and current, equipment through “Enable Health” as part of the health department of NSW. During 2018, Victorians now enjoy a similar benefit as well as the ACT. Lobbying is continuing in the states of Queensland South and West Australia. It is hoped that this year all states will be providing the benefits we receive in NSW.

I would like to thank all the Office-Bearers for their hard work during the year, and I particular our Secretary/Treasurer, Raymond Chappelow. Raymond had a tough year in 2018 with several health problems. But he still soldiered on with his responsibilities with the association. I sincerely hope that he has a better year in 2019 and able to continue as Secretary.

Unfortunately, our Welfare Officer, Cathy Edwards, will not be standing for the position this year and consequently the association is looking for a volunteer to take on this important task. The position entails having some spare room in your residence, preferably a landline with answering service or mobile with voice mail. A float is provided for postage costs and any out of pocket expenses. It is not compulsory to attend our meetings, but merely to file a report regularly. I am also asking for a volunteer to take on the job of Treasurer, again, attendance at meetings is not mandatory, but having a computer and email address is desirable. This year the association will be looking at using electronic banking as the push for abandoning cheques is gaining momentum.

Our AGM is scheduled for March 20th and I am hoping for a better than usual roll-up. Apart from the the very important business of Office- Bearers for 2019/20, the issues of meeting venues and frequency of same is up for discussion as well as the need to update the Hospital Visitors accreditation in conjunction with the Cancer Council and medical professionals. There will be other business of course, but primarily, our focus will be to continue with the association, providing as much assistance available for all future and current “Larys” in NSW.

Best wishes to all members for 2019 and please keep in touch with us by renewing your membership every year so we can keep in touch with you.

Regards,

Les Byrnes. President.

Regional Meetings

NSW Association: 3rd Wednesday of month
(Feb - Nov) Next away St. George Hospital
17th October

NEWCASTLE: 3rd Tuesday. Monthly
Mayfield Bowling Club Ingall Street
Mayfield Start 12.30 -2.00 Contact John
Lovett (02) 4954 8308
johndawnlovett@optusnet.com.au

NORTHERN RIVERS: 4 times annually in
Lismore. Contact Speech Pathologist Allison
Grady (02) 6629 4523 or (02) 6620 21 57

ALBURY: Meets alternate months from
February. Contact Tanya Dawe- Speech
Pathology Manager Phone 02 60584565,
Mobile 0409543653
Email tanya.dawe@awh.org.au

MID NORTH COAST: The Colonial rooms
Behind Saint Thomas's Anglican Church
Hay St Port Macquarie Last Wed of March.
June. September. & 1st Wednesday
December. Contact (02) 65801828

CENTRAL COAST: 3rd Thursday of the
month, Cancer Council Community Hub, The
Hive, Erina Fair 10am –12 noon. Head and
neck cancer nurse (02) 4320 9823
Cancer Council 4336 4500
Facillitator Gary Marr 0412 262 145
gsm18@live.com.au

COFFS / CLARENCE: Shearwater Lodge,
Coffs Health Campus. 2pm every 3rd
Thursday, Bi-monthly
Contact Melissa.Parish 02 6656 7606
melissa.parish@ncahs.health.nsw.gov.au

Minutes

Laryngectomee Association of NSW Inc. Minutes of Meeting of 21 November 2018.

The Meeting commenced at 10:45am with the President, Les Byrnes occupying the Chair & welcoming members.

Attendance – Laryngectomees:

John Pyle; Colin Phelan; Frank Campbell; Les Byrnes; Vicki Pedras; Antoni Krasnodebski;
Greg Joss & Cate Durney.

Attendance – Non-Laryngectomees:

Carol Gardner; Glenn Williams; Maria Cassis & Curtis Woodward.

Apologies:

Raymond Chappelow; Peter & Glenda Tierney & Peter Kelly.

New Members:

Geoffrey Stevens of Gross Wold; Wal Rowland of Ambarvale; David Fletcher of Lansdowne &
Scott Goring of St. Clair.

Renewals:

Rod Griffiths of Port MacQuarie & David McClymont of Laurieton.

Minutes of Previous Meeting

The Minutes of the October Meeting were accepted as read and adopted

Correspondence

Incoming

1. CBA re Term Deposit number - 06 2295 50195207 re maturity
2. CBA re Term Deposit number - 06 2295 50195207 placed in Holding Facility

3. Coffs Coast Laryngectomee Group - Xmas Party Invitation
4. National Pen – latest promotion
5. LAVictoria – *The New Voice* – October 2018
6. LAVictoria – *The New Voice* – November 2018

Outgoing

1. Letters of Welcome to –
 - Geoffrey Stevens of Gross Wold
 - Wal Rowland of Ambarvale
 - Daniel Fletcher of Lansdowne
 - Scott Goring of St. Clair
2. David McClymont of Port Macquarie – advise of new member in area
3. Kevin Thompson – re application for membership

General Business

1. The President advised that a raffle machine & tickets were purchased from Bingo Australia.
(At the Christmas Luncheon of 24 November, the machine was used and proved a great success with the raffle performed in much less time.)
2. Free flowing, easy discussion then ensued regarding the past year and our Luncheon scheduled for the forthcoming Saturday.
Prizes & catering arrangements were finalised

There being no further business the Meeting adjourned for a light lunch and refreshments at 12 noon.

The next Meeting will be in February 2019 at the SMSA building in Sydney.

The next edition of Still Talking will be issued in late January



LARYNGECTOMEE ASSOCIATION

WELFARE REPORT FOR Oct-Nov 2018 (Cathy Edwards)

PATIENT PACKS

Wally gave out 5 Packs to Royal North Shore Hospital
Rebecca Capper Gosford Hospital 5 packs
Amanda Bailey 5 Packs John Hunter Hospital Newcastle

STOMA COVERS & ACCESSORIES

	Goods	Cost
0470 Peter Kimber	1 membership 3 stoma covers	10.00 18.00
0471 Wally Bak	1 showersield	30.00
0472 Phillip Richards	6 Stoma Covers	36.00
0473 John Roper	4 Stoma Covers	24.00
0474 Karl Soos	1 showersield + membership for	65.00

Packs for New Members

Scott Gorej St Clair
Daniel Fletcher Landsdowne

Postage Costs

Float - given in June 2017		<u>\$500.00</u>
Balance b/f		<u>\$116.60</u>
Received Cheque for		\$383.40
Chris Barrett Parcel	10.90	
Wally Bak Parcel	10.90	
total	<u>\$21.80</u>	<u>\$478.20</u>

The above Correspondence, Financial & Welfare Reports were tabled and adopted for inclusion in the Minutes.

Financial Report (Raymond Chappelow)

CBA Society Account as at 30 September 2018 **\$48,818.15**

Add October Income

Subscriptions	\$40.00
Donations	\$100.00
Supplies	\$48.00
Sundries	\$42.65

Total Credits **\$49,048.80**

Less October Expenditure

Stationery	\$21.05
Postage	\$444.05
Rent	\$42.00
Sundries	\$600.00

Total Expenditure **\$1,107.10**

Add unrepresented October cheques

#730 Sydney Mechanics' School of Arts	\$42.00
#732 Hunter Branch	\$100.00

Total unrepresented cheques **\$142.00**

CBA Society Account balance as at 31 October 2018 **\$48,083.70**

Americans have been seen sneaking into Canada ...

So, Canada's Prime Minister has made the decision to build a wall



The Laryngectomee Association of NSW Incorporated

ANNUAL GENERAL MEETING 10:45am, WEDNESDAY, MARCH 20 2019

ELECTION OF OFFICERS AND EXECUTIVE COMMITTEE

Under the constitution of the Association, nominations for these positions must be made **in writing**, prior to the meeting, **BY FINANCIAL MEMBERS** of the Association.

The nomination must carry the signatures of the nominee, nominator and seconder and be lodged with The Secretary, LANSW, Villa 65/9 Col Drewe Drive, SOUTH BOWENFELS, 2790 by 13 March, 2019

THE FOLLOWING OFFICES ARE TO BE FILLED: -

President Vice-Presidents (2) Secretary Treasurer
Assistant Secretary/Treasurer Welfare Officer Speech Aids Co-ordinator Editor
Committee Members (2)

NOMINATION FORM

Laryngectomee Association NSW, Committee, 2019

(please use block letters)

I.....

(NOTE—You may nominate yourself for any position)

Nominate.....

For the position of.....of LANSW

SignedNominator

Signed.....Nominee

Signed.....Seconder

Date.....

RENEWAL OF MEMBERSHIP

NAME.....PHONE.....

ADRESS.....

POSTCODE.....

Email.....

Annual subscription is \$10

Post this form to The Treasurer, LANSW, Villa65/9 Col Drewe Drive, SOUTH BOWENFELS, 2790

Payment can be made by cheque or money order or by depositing funds into a Commonwealth Bank to account of LANSW—BSB:- 062 595 A/c No 00905579. PLEASE ensure Bank transmits your name otherwise notify the Treasurer of your payment.

Ensure that LANSW have your **current contact details**.

Payment by internet does not require this form to be sent, but please include your name on transfer otherwise your membership will no be credited.

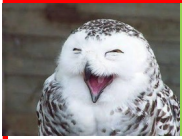
PLEASE TICK WHATEVER APPLIES

___Cheque enclosed ___Payment made to Bank: Date of Payment / /201

___ Money Order enclosed ___ I require a receipt

Payment made to bank: Please add date of payment / /201_

___ I require a receipt.



Funnies



A balding, white-haired man walked into a jewellery store on a Friday evening with a much younger, beautiful woman at his side. He told the jeweller he was looking for a special ring for his girlfriend. The jeweller looked through his stock and brought out a \$5000 ring. The man said, "No, I'd like to see something more special." At that statement, the jeweller went to his special stock and brought another ring over. "Here's a stunning ring at only \$40,000," the jeweller said. The woman's eyes sparkled and her body shook with excitement. Seeing this, the man said, "We'll take it." The jeweller asked how payment would be made and the man stated: "By cheque. I know you need to make sure my cheque is good, so I'll write it now and you can call the bank Monday to verify the funds; I'll pick the ring up Monday afternoon." On Monday morning, the jeweller angrily phoned the man and said: "Sir, there's no money in that account." "I know," said the man. "But let me tell you about my weekend."

A precious little girl walks into a PetSmart store and asks, in the sweetest little lisp, between two missing teeth, "Excute me, mithter, do you keep widdle wabbits?" As the shopkeeper's heart melts, he gets down on his knees so that he's on her level and asks, "Do you want a widdle white wabbit, or a thoft and fuwwy, bwack wabbit, or maybe one like dat cute widdle bwown wabbit over der? She, in turn, blushes, rocks on her heels, puts her hands on her knees, leans forward and says, in a tiny quiet voice, "I don't think my python weally gives a thytit."

The Boss of our small company was complaining during a staff meeting that people didn't respect him enough. Trying to change the attitude in the office he came in the next day with a sign for his door it said, "I am the boss". One of the employees apparently not appreciating the change posted a post-a-note on the sign it said "your wife wants her sign back"

"Brian, what's wrong with you? You've been sitting at your desk looking depressed for the last five minutes!" "Oh Dan," responded Brian "I don't know what to do! I got in a big fight last night with my Suzie, she claims I never buy her gifts, so I must not care about her!" "Brian, that's horrible!" said Dan putting his arm around Brian. "What type of a gift does she want already?"

"Well, right before she closed the door on my face she said to me: "Why don't you show me how much you care about me? Why can't you get me something that goes from 0 to 175 in seconds!" "Dan what should I do? I don't have that kind of money? I can't go out and buy her a car!" "A car? Asked Dan. "Who needs a car? Just stop by Target and buy her a scale!"

"Haha", thought the cop gleefully, when he saw the staggering man walking out of the bar towards the parking lot, "I'll just wait until he pulls out and then I'll pull him over for drunk driving." There was no doubt about it the man was as drunk as could be, after tripping over a rock and dusting himself off, the man slowly made his way towards his car swaying every which way. After opening the passenger side door by mistake, the man finally opened the right door and sat down heavily in the driver's seat. After dosing off for a few minutes the man seemed to awake out of his drunken slumber and slowly put his keys in the ignition turning on the car. The man barely started pulling out before the cop turned on his sirens full blast and headed over to the car, "alright buddy" said the cop, "get on out and let me see you walk a straight line." To the cops surprise the man easily walked a straight line. After passing the Breathalyzer test too, the cop was positively mystified, "how'd you get sober so quick?" question the cop. "Get sober?" responded the man with a smile, "I always was sober, I was just distracting you so all my drunken buddies could escape without you noticing!"