



Still Talking

Dedicated to the welfare of Laryngectomees and those with similar vocal disorders.

ALL CORRESPONDENCE : The Secretary, The Laryngectomee Association of NSW

Villa 65/9 Col Drewe Dr, STH Bowenfels, NSW,2790

Email: lansw@stilltalking.org

Issue No. 290

The Laryngectomee Association of NSW©

March 2018

OFFICE BEARERS

PRESIDENT: Les Byrnes, 82/79-87 Boyce Road, MAROUBRA, 2035.(02) 93440445. 0401585287 penbyrnes23@gmail.com

VICE PRESIDENT & WEBSITE

ADMIN: Greg Joss 61 Morrice Street, LANE COVE 2066 (02) 9427 0509

VICE PRESIDENT: Peter Tierney, 11Berrico Place, BANGOR, 2234 (02) 9543 0478

SECRETARY/TREASURER:

Raymond Chappelow, Villa 65/9 Col Drewe Dr, STH BOWENFELS, 2790 Mobile 0400 409 325

raymond.chappelow@bigpond.com

WELFARE OFFICER: Cathy Edwards

SHOWER SHIELD, STOMA COVER

MATERIAL & WELFARE MATTERS:

Cathy Edwards, PO Box 54, ALLAWAH, 2218. 02 9587 9636

cedwards53@bigpond.com

ASSISTANT WELFARE OFFICER

Wally Bak 4 Swords Ave., Mt Druitt, 2770 (02) 9864 6205 wallybak@gmail.com

SPEECH AIDS COORDINATOR:

John Chaloner, PO Box 977, PETERSHAM NSW 2049. (02) 9560 2852

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(02) 0417174456

BATTERIES FOR SERVOX, LOAN

SPEECH AIDS, ADVICE ON REPAIRS

John Chaloner, PO Box 977, PETERSHAM NSW 2049. (02) 9560 2852

ACCOMMODATION ASSISTANCE WHEN NEEDED

OUT-PATIENT TREATMENT AWAY FROM HOME:

Cancer Council NSW, 153 Dowling St, WOOLLOOMOOLOO, 2011 (PO Box 572, Kings Cross, 1340), Phone: 13 11 20.

(Information & Support) Or contact Social Worker at hospital you will be attending.

www.cancercouncil.com.au

ASSOCIATION WEBPAGE:

www.stilltalking.org.

INTERNATIONAL ASSOCIATION OF LARYNGECTOMEES:

www.theial.com/ial

WEB WHISPERS:

www.webwhispers.org

NEXT MEETING

3rd Wednesday February – November at the Sydney Mechanics Institute, 280 Pitt St, SYDNEY at 10.45 am. (EXCLUDING APR, JUL & OCT DETAILS TO BE ADVISED)

The meeting will be followed by light refreshments. Laryngectomees, friends, families, professionals all welcome.



Regional Meetings

NSW Association: 3rd Wednesday of month (Feb - Nov) Sydney Mechanics Institute, 280 Pitt St, SYDNEY, 2000 at 10.45am.

NEWCASTLE: 3rd Tuesday. Monthly **Alder Park Bowling Club. 132 Bridges Road New Lambton.** Start 12.30 -2.00 Contact John Lovett (02) 4954 8308

johndawnlovett@optusnet.com.au

NORTHERN RIVERS: 4 times annually in Lismore. Contact Speech Pathologist Allison Grady (02) 6629 4523 or (02) 6620 21 57

ALBURY: Meets alternate months from February. Contact Norma Teasdale 02 60211749

SOUTHERN DISTRICTS: Last Wednesday of month 10am. Thomas Rachael Moore Education Centre, Liverpool Hospital. Contact

Michelle Roach 0477739190
michelle.roach@health.nsw.gov.au

MID NORTH COAST: Port Macquarie Community Health Centre. Last Wed of March. June. September. & 1st Wednesday December. Contact (02) 65801828

CENTRAL COAST: 3rd Thursday of the month, Cancer Council Community Hub, The Hive, Erina Fair 10am –12 noon. Head and neck cancer nurse (02) 4320 9823 Cancer Council 4336 4500

Facilitator Gary Marr 0412 262 145

gsm18@live.com.au

COFFS / CLARENCE: Shearwater Lodge, Coffs Health Campus. 2pm every 3rd Thursday, Bi-monthly Contact Melissa.Parish 02 6656 7606

Minutes

Laryngectomee Association of NSW Inc. Minutes of Meeting held 21 February 2018.

The meeting commenced at 10:45 am with the President, Les Byrnes occupying the Chair.

Attendance – Laryngectomees

Raymond Chappelow; Frank Campbell; Peter Tierney; Vicky Pedras; Nigel Balm; Greg Joss; John Pyle; Les Byrnes; Nicola Buttarò

Attendance – Non-laryngectomees

Glenn Williams; Glenda Tierney; Cathy Edwards; Carol Gardner; Natasha Duarte.

New Members December 2017

Ross Dellow of Chisholm ACT;
Jim Gardner of Glen Innes;
Helen Judge of Smithfield;
Ricky Street of Narrandera;
Kenneth Williams of Shortland

Vales December 2017

Lynette Clarke Of Pennant Hills;
Ruth Gray of Brighton-Le-Sans;
Sidney Smith of Laurieton

New Members to date 2018

Terry Stacey of Belmore
Colin Germany of Tweed Heads
Gerry Rowstone of Kirrawee
Enzo Corvino of Penshurst
Marie Gawin

Vales to date 2018

Kenneth Hume of Grafton
Ray Brown of Tottenham
Cedric Fleming of Ramsgate

Minutes of Meeting of November 2017

Adopted on the motion of F. Campbell/P. Tierney.

Final Correspondence 2017.

Incoming

- 1 Keith Anderson of Rockdale – question re newsletter article
- 2 Joan Smith advising of the passing of Sidney Smith of Laurieton
- 3 Jason Clarke advising of passing of Lyn Clarke of Pennant Hills
- 4 Tracy Gray advising of passing of Ruth Gray of Brighton-Le-Sands.
- 5 Irene Banks of Narromine with season's greetings to all members
- 6 Atos (Matt Harris) - Christmas Card
- 7 Ken Malloy of Yamba – Christmas Card
- 8 Commonwealth Bank – Term Deposit updates
- 9 Australian Charity Guide – available training courses
- 10 Arthur J Gallagher – insurance policy due for renewal 28/02/2018
- 11 Australian Charities and Not-for-profits Commission – 2017 Annual Information Statement

Outgoing

- 1 Sympathy Cards sent to the families of the late:
 - Lynette Clarke Of Pennant Hills;
 - Ruth Gray of Brighton-Le-Sans;
 - Sidney Smith of Laurieton.
- 2 Letters of welcome to new members:
 - Ross Dellow of Chisholm ACT;
 - Jim Gardner of Glen Innes;
 - Helen Judge of Smithfield;
 - Ricky Street of Narrandera;
 - Kenneth Williams of Shortland.

Correspondence as at 21 February 2018.

Incoming

David McClymont – *nominating* current executive for election 2018
Tracey Gray – thanks for condolence card re Ruth
Joan Smith – advising death of Sydney Lewis Smith
Lyn Brown – advising death of Ray Brown on 16 December, last. Donated Servox + parts
June Rowstone – thanks for Welcome Pack & letter
Anand Kisher Rauniyar – introduction from Nepal Lary Ass (NLA).
Cancer Council NSW – requesting updates of our records
Australian Charity Guide – re Staff Training
Victorian LA – *The New Voice* February 2018

Outgoing

Condolence Cards re the late –

Kenneth Hume of Grafton

Ray Brown of Tottenham

Welcome to membership letters to:

Kenneth Williams of Shortland

Jim Gardner of Glen Innes

Ricky Street of Narrandera

Ross Dellow of Chisholm ACT

Terry Stacey of Belmore

Colin Germany of Tweed Heads

Gerry Rowstone of Kirrawee

Enzo Corvino of Penshurst

Adopted on the motion of Frank Campbell/Peter Tierney

Claims till 31 December 2017

R Chappelow - \$38:65 – Post

\$272:58 – Sundries (Raffle Prizes)

\$32:05 – Post

L Byrnes - \$152:25 – Sundries (Lovett Gift)

Ryde-Eastwood RSL - \$2250 – Sundries (Xmas Luncheon 2017/18)

“ \$316 – Sundries (Xmas Luncheon Drinks)

Sydney Mechanics School of Arts - \$40:00 – Rent (November)

Wendy Tyrell - \$666:48 – Patients' Supplies (Stoma Covers)

National Pen - \$246.05 – Sundries (Pens for New Members' Packs)

(all paid)

Claims from 1 January till 21 February 2018

Netregistry – renew Web hosting – Cheque #690 \$180.00 *(paid)*

R Chappelow - Netregistry – renew domain name - \$19.95

“ Ozsale P/L – address labels - \$11.99

“ Condolence cards x 5 - \$22.50

“ Post - \$62.30

“ Rollerbox - \$9.00

“ Travel – 160kms x \$0.67 per km = \$107.2

Total R Chappelow = \$232.94

Arthur J Gallagher – Public Liability Insurance - \$1232.94

National Pen - \$246.05 – Sundries (Pens for New Members' Packs) *(paid)*

John Chaloner - \$482.98 – Telecommunications \$52.28; Postage \$430.70.

George Southgate - \$926.40 – Still Talking Postage \$409.00; Printing \$517.40.

Cathy Edwards - \$399.70 – Postage

Wendy Tyrell - \$460 – Supplies (Stoma Covers)

Glenda Tierney - \$35 - Lunch

Adopted on the motion of F. Campbell/P. Tierney

2017 Christmas Luncheon

Previously, we have held this luncheon on the first Saturday of December. However, a couple of years ago, one of the professionals I deal with told me that this date clashed with his

hospital's function, but if on a different date, he and colleagues would attend. This scenario coincided with concern regarding a decline in attendance, so I recommended we try the last Saturday in November.

So, this occurred 25 November resulting in an improved attendance. But, regrettably the person who inspired this date change was a no-show. (As were his colleagues.) Nevertheless, our organisers such as Glenda Tierney excelled once again. The display of raffle prizes impressed all and the catering by the Ryde-Eastwood Leagues was superb. Last year a presentation was made to Carol Gardner to commemorate her service as Secretary, Treasurer & Welfare-Officer.

For 2017, three people were presented with gifts in appreciation of their service. From the Hunter Branch, Dawn & John Lovett were deserving recipients whilst our former Editor, Antoni Krasnodebski also earned gifts rewarding his many years of service. The Lovetts have served as President & Secretary of their Branch forever and the Branch is very popular with well attended meetings and Christmas Dinner – in fact, twice as many attends as at the State Xmas Luncheon.

Antoni was a reluctant Editor for over a decade yet still did very valuable work. So, he was the recipient of a couple of gifts which will keep him smiling for a while to come.

We can still lift our game however, but I look forward to the next one of the 24 November 2018.

See you there!

Adopted F Campbell/P. Tierney

L Byrnes mentioned the greater attendance compared to previous years

P Tierney compared attendance to Hunter Branch's Christmas Party, stating about 126 attended. Also, was good fun and R Chappelow won 3 raffle prizes. L Byrnes referred to his previous attendance, stating he had a great time, too! The Tierneys' & Byrnes' travelled by rail.

F Campbell asked if Hunter Branch supported State function and was told they always have a table

Welfare Report

Postage Costs

Balance b/f November 2017	\$415.45
Less postage Nov-Dec	\$222.40
	\$193.05
Less Dec- Jan	\$92.75
	\$100.30
Plus refund Feb	\$399.70
	\$500 float
Less Feb	\$84.55
Balance 21/02/2018	\$415.45

General Business

Discussion re an insert for newsletter containing a table of unfinancial members. L Byrnes disagreed with the proposed preamble & will follow-up with Editor.

Greg Joss challenged the removing unfinancial members from emailing of newsletter.

Recommended members view *Beyond 5* website. The Secretary will make contact as they seem to be unaware of our Association.

Away Meetings

Meeting rooms have not been booked for April, July & October, 2018 in anticipation of meeting in the outer suburbs. Final decision to be made next meeting.

Our meeting style & substance discussed. L Byrnes referred to the away meetings being proposed to make meeting more relevant.

The Meeting closed at 11.50am for lunch.

A LARY GUIDE TO BETTER SEX.

Right! This article has nothing to do with good sex. It was just used to grab your attention! But it is about the Male Sex who believe, apart from "man flu", that they never get sick and if they do, best to ignore it in the hope whatever it is will go away.

I am an expert on this subject, having been diagnosed with throat cancer in 1984, but managed to carry on regardless believing that it will go away. However, it did not, and after several medical procedures etc, I became a total Laryngectomee in August 2012. but all this only lasted for a few words and then nothing!

On January 18 th I started to lose voice and did the usual things, by cleaning the V.P. and making sure all was clear around VP etc. Voice was restored, but only for a few words. Tried using thumb with no HME, worked OK , but once again only for a little while. Even used the Hands Free device, which I thought solved the problem, but all this only lasted for a few words and then nothing.

My wife, Yvonne, convinced me on Friday 19th to contact Speechie, which she did for me and arranged for me to see Rachelle at POW on Wednesday 24th. But she said if there is any problem before then don't hesitate to make an appointment with Penny for Monday 22nd. Wasn't worried about being without voice for a few days and of course the male sex philosophy would see me through. Afraid not!!

The V. P. in place was around 9 months old and I noticed that it appeared to be pointing in a different direction whenever I checked, so I decided to make an appointment with Penny which I arranged for Tuesday 23rd. at 9.00 am. Had a restless Monday night and by sunrise Tuesday I could hardly feel the stoma but felt something inside. One look in the mirror and I asked my wife (in writing) to take me to POW Emergency.

Arrived at 6.30 am and got treated immediately with Paula from Head and Neck ward ENT registrar and lots more in attendance. Eventually I was taken to my 9.00 am appointment, where Penny removed the rogue VP, registrar applied silver nitrate to the granulation (the cause of problem), tube through the TEP and a Lary tube shoved in to dilate the stoma. All good, but uncomfortable! Took advice from a Penny and Paula that there is no prize for how long you can keep a voice prosthesis before it has to be changed! Once again, the male sex philosophy was not entirely correct.

Three weeks without a voice was experienced with enormous frustration. Even had to attend Strata Committee meetings (I'm Secretary/Treasurer of a very large complex of 303 Lots) but I still managed to go to the pub for a drink, carrying a post note saying Voice out of order!

On Thursday February 15th after wearing a temporary non-indwelling VP for a week, the Provox Vega indwelling VP was inserted with instructions to monitor the position of VP regularly as there was some doubt that there may be granulation in the oesophagus. I assured Rachelle that, not only will I ditch the MS Philosophy, but will take notice of my wife of 55 years and 8 months and report to her after every inspection. I also will not try to break any records with length of time with same VP in the future.

I am very lucky that I live so close to the POW hospital (can actually see it from my balcony) and I realise how difficult this would have been if I lived in the bush. I cannot thank all the medical staff at POW enough for the excellent care I received.

Kind regards to all members and I hope my experience is helpful to any Lary who may have to go through the same.

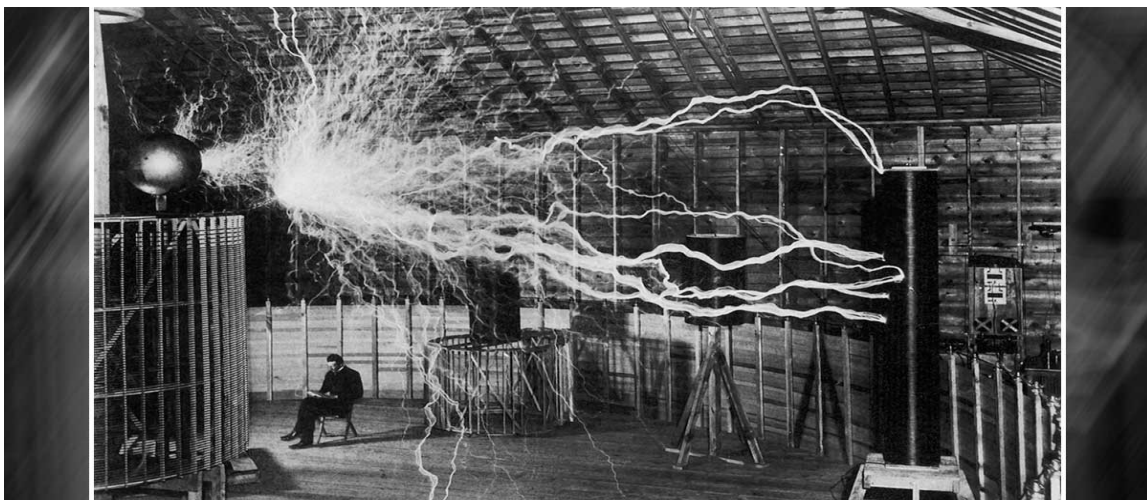
Les Byrnes.

Louis Trammell of the Facebook group 'Independent Association of Laryngectomees' wrote a succinct explanation of why attending support group meetings might be more beneficial than gleaning your relevant information from the internet.

"Folks all these Facebooks groups are great because we all learn from each other and we hear each other, stories on how we solved our problems but I think most of us that have been to a live meeting agree on one thing: there is nothing like hearing that story in person and being able to ask questions after that story was told.

At these meetings you feel a real relation to the others around you when you can relate to what they are saying. Besides there's nothing that beats that handshake or hug when everyone is departing. And not all meetings are the same, so I advise everyone to try 3 meetings and then if they aren't your cup of tea so be it but I'm willing to bet even though you weren't happy with them you learned something from them."

I think Louis is right. If you are inclined to agree also why not attend three meetings, either at the Sydney Mechanics Institute or one of the other meetings around the State closer to where you live. **Courtesy of Antoni Krasnodebski**



The Laryngectomee Association of NSW Incorporated

ANNUAL GENERAL MEETING 11am, WEDNESDAY, MARCH 21, 2018

ELECTION OF OFFICERS AND EXECUTIVE COMMITTEE

Under the constitution of the Association, nominations for these positions must be made **in writing**, prior to the meeting, **BY FINANCIAL MEMBERS** of the Association.

The nomination must carry the signatures of the nominee, nominator and seconder and be lodged with The Secretary, LANSW, Villa 65/9 Col Drewe Drive, SOUTH BOWENFELS, 2790 by 14 March, 2018

THE FOLLOWING OFFICES ARE TO BE FILLED: -

President Vice-Presidents (2) Secretary Treasurer

**Assistant Secretary/Treasurer Welfare Officer Speech Aids Co-ordinator Editor
Committee Members (2)**

NOMINATION FORM

Laryngectomee Association NSW, Committee, 2018

(please use block letters)

I.....

(NOTE—You may nominate yourself for any position)

Nominate.....

For the position of.....of LANSW

SignedNominator

Signed.....Nominee

Signed.....Secunder

Date.....

Annual subscription is \$10

Post this form to The Treasurer, LANSW, Villa65/9 Col Drewe Drive, SOUTH BOWENFELS, 2790

Payment can be made by cheque or money order or by depositing funds into a Commonwealth Bank to account of LANSW—BSB:- 062 595 A/c No 00905579. PLEASE ensure Bank transmits your name otherwise notify the Treasurer of your payment.

Ensure that LANSW have your **current contact details**.

Payment by internet does not require this form to be sent, but please include your name on transfer otherwise your membership will no be credited.

PLEASE TICK WHATEVER APPLIES

-Cheque enclosed Payment made to Bank: Date of Payment / /201

Money Order enclosed I require a receipt

More Effective Than Chemotherapy?

Scientists exploring the 'nuts and bolts' of how cancer ravages the body say they have found a way to prompt the immune system into helping to fight the disease. They have knocked out a protein in the body which enables chemotherapy to kill tumour cells 'silently' without the body noticing. The new form of chemotherapy acts as a red flag to the immune system, which kicks in to kill the remaining cancer cells so that the tumour is completely destroyed. It has only been proven to work in the lab, using human cells, but trials on people are hoped to start within five years.

The researchers say a new drug could be available for Britain's 356,000 cancer patients within a decade. Dr Justine Alford, Senior Science Information Officer at Cancer Research UK, which funded the research led by the Beatson Institute in Glasgow, said: "Although many cancer treatments work by triggering apoptosis (cell death), that method sometimes fails to finish the job and instead may lead to the tumour becoming harder to treat. This new research suggests there could be a better way to kill cancer cells which, as an added bonus, also activates the immune system.

Now scientists need to investigate this idea further and, if further studies confirm it is effective, develop ways to trigger this particular route of cell death in humans."

Apoptosis Chemotherapy and radiotherapy destroy tumours by triggering apoptosis, or programmed cell death. But this cell death happens naturally all the time, in billions of cells within the human body, and so the immune system does not realise anything unusual is happening. The researchers hope to develop a new drug which will cause a tumour's cells to die much more slowly.

This unusual activity should trigger the immune system to join in with killing the cancer cells, ensuring the job is done in full. It has been successful in human bowel cancer cells, using a gene-editing tool to remove the proteins which cause programmed cell death. The team hope this can be converted into a drug and used to treat many different types of cancer in future.

Explaining the results, one of the scientists involved, Dr Stephen Tait from the Beatson Institute, said: "Unfortunately therapies can often fail because they fail to kill cancer cells, and in doing so, the cancer relapses and cancer cells grow back." On the new treatment, he added: "In effect, you don't necessarily have to kill all the tumour cells with therapy because we've now elicited an immune response that then clears out the remaining tumour... in doing so, eradicating the cancer." The new method of killing cancer cells, called Caspase Independent Cell Death (CICD), is outlined in the journal Nature Cell Biology .

This article was published by the Daily Mail on 20 August 2017.

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ONE TEQUILA, TWO TEQUILA, THREE TEQUILA FLOOR

ATHEISM IS A NON-PROPHET ORGANIZATION

IF MAN EVOLVED FROM MONKEYS AND APES,
WHY DO WE STILL HAVE MONKEYS AND APES?

I WENT TO A BOOKSTORE AND ASKED THE SALESWOMAN,
"WHERE'S THE SELF-HELP SECTION?" SHE SAID IF SHE TOLD ME, IT WOULD
DEFEAT THE PURPOSE.

WHAT IF THERE WERE NO HYPOTHETICAL QUESTIONS?
IF SOMEONE WITH MULTIPLE PERSONALITIES THREATENS TO KILL HIMSELF, IS IT
CONSIDERED A HOSTAGE SITUATION?

IS THERE ANOTHER WORD FOR SYNONYM?

WHAT DO YOU DO WHEN YOU SEE AN ENDANGERED ANIMAL
EATING AN ENDANGERED PLANT?

WHY DO THEY LOCK GAS STATION TOILETS?
ARE THEY AFRAID SOMEONE WILL BREAK-IN AND CLEAN THEM?

IF A TURTLE DOESN'T HAVE A SHELL, IS HE HOMELESS OR NAKED?

CAN VEGETARIANS EAT ANIMAL CRACKERS?
WHAT WAS THE BEST THING BEFORE SLICED BREAD?

ONE NICE THING ABOUT EGOTISTS,
THEY DON'T TALK ABOUT OTHER PEOPLE.

DOES THE LITTLE MERMAID WEAR AN ALGEBRA?
(This one took me a minute - think bra)
HOW IS IT POSSIBLE TO HAVE A CIVIL WAR?

IF YOU TRY TO FAIL, AND SUCCEED, WHICH HAVE YOU DONE
WHOSE CRUEL IDEA WAS IT FOR THE WORD 'LISP' TO HAVE 'S' IN IT?

WHY ARE THEY CALLED "HEMORRHOIDS" INSTEAD OF
"ASSTEROIDS"?

The other day a local mosque opened its doors and invited non-Muslims to visit in the spirit of their faith's willingness to be open and welcoming, so I too decided to go to the local mosque in Lakemba for the first time to see what it was all about:
Lakemba has a large Muslim population and the Lakemba Mosque is one of Australia's largest.

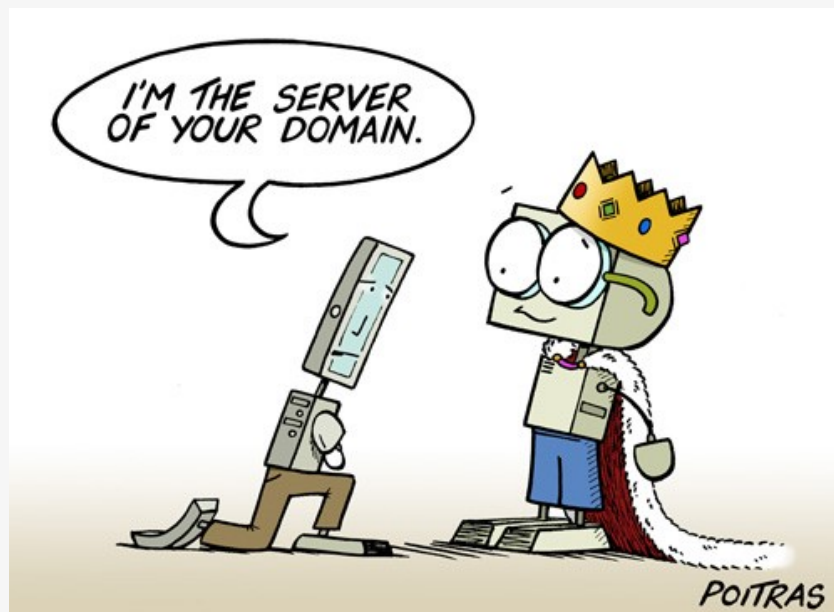
At the time I was limping a little. I sat down, and the Imam came up to me, laid his hands on my hand and said:
"By the will of Allah and the prophet Mohammed - you will walk today."
I told him I wasn't paralysed, I only had a small bunion on my left foot.

He came back and laid his hands on me and looking skywards, earnestly repeated his mantra:
"By the will of Allah and the prophet Mohammed - you WILL walk today."
Once again, I told him there was nothing wrong with me.
After prayers I stepped outside, and bugger me, he was right
MY CAR WAS GONE!!!



Weird facts but True

- 1) The process by which bread toasts is called the 'Maillard Reaction'.
- 2) Snails have 14,000 teeth and some can even kill you![adsense-article]
- 3) Admiral Ackbar from *Star Wars Episode VI: Return of the Jedi* was not a man in a suit, it was actually a giant puppet.
- 4) [Sonic](#) the Hedgehog's full name is actually Ogilvie Maurice Hedgehog.
- 5) Even though Froot Loops are different colours, they all have exactly the same flavor.
- 6) George Clooney did the voice for 'Sparky' – a gay dog in [South Park](#).
- 7) Most toilet paper sold for home use in France is pink.
- 8) Marmite was one of most confiscated items at airports from the UK – to overcome this issue, Marmite made smaller ones for travelling.
- 9) The human nose can remember 50,000 different scents.
- 10) Cards against Humanity bought an island in Maine to preserve wildlife. It is called [Hawaii 2](#).
- 11) Daddy longlegs have penises, which technically makes them not a spider.
- 12) The television was invented only two years after the invention of sliced bread.
- 13) Bullfrogs do not sleep.
- 14) The dark region on the north pole of Pluto's moon, Charon, is called Mordor.
- 15) Armadillos almost always give birth to quadruplets





Humour



An Englishman, a Frenchman and an Irishman were in a pub talking about their children. 'My son was born on St George's Day,' remarked the Englishman, 'So we obviously decided to call him George.' 'That's a real coincidence,' observed the Frenchman, 'My daughter was born on Valentine's Day, so we decided to call her Valentine.' 'That's really incredible,' drawled the Irishman, 'Exactly the same thing happened with my son Pancake.'

At the height of the gulf wars, the expertise of Red Adair (that well known fire fighter) was called upon to go out to the gulf and put out the oil rig fires.

On his way his plane landed in Ireland for an overnight stop so Red took advantage to visit the local bar for a pint of the black stuff. On entering the bar two old Irish boys witnessed him walk in and one said to the other. 'Isn't that Red Adair?' The other replied, 'No'. The old boy then said, 'I'm sure it is and I'm so sure that I will bet you a pint if I am wrong'. The doubting one said, 'Ok' and they both went over to Red and the one said, 'Are you Red Adair?' To which Red said he was. The doubting Irishman said, 'Are you still dancing with Ginger Rogers?'

Thinking that the presidential candidate needed to show a more human side of himself, his committee advised him to visit an old age home. Walking into the room of an old man, with the cameras whirring, the nominee was surprised when the old man offered him some peanuts from a bowl on the table. "Thank you", said the nominee after being offered more for the 3rd time, "why don't you have some yourself?" "Oh, I can't eat it" said the old man, "I don't have any teeth." "So why do you have them?" asked the confused nominee. "Oh, I like the chocolate around it" was the glib reply.

Why didn't the dog want to play football? It was a boxer!

Just went to an emotional wedding. Even the cake was in tiers.

What do you call a lion wearing a hat? A dandy lion.

Knock Knock

Who's there Adair!

Adair! Who

Adair! Once but I'm bald now

A recent survey has shown that the favourite position of married couples is doggy style. This is where the husband sits and begs while the wife rolls around playing dead.

I've started my new job as a settee salesman today... Sofa so good.

My wife left a note on the fridge this morning saying "This is not working, goodbye".

Just opened the fridge and it's working fine, very strange!

Just seen a sign that made me sh*t myself... It said "Bathroom closed".

The Grim Reaper came for me last night, and I beat him off with a vacuum cleaner. Talk about Dyson with death.

I went to the cemetery yesterday to lay some flowers on a grave.

As I was standing there I noticed 4 grave diggers walking about with a coffin.

3 hours later and they're still walking about with it. I thought to myself, they've lost the plot!!

When I was in the pub I heard a couple of plonkers saying that they wouldn't feel safe on an aircraft if they knew the pilot was a woman. What a pair of sexists. I mean, it's not as if she'd have to reverse the bloody thing!

A teddy bear is working on a building site. He goes for a tea break and when he returns he notices his pick has been stolen.

The bear is angry and reports the theft to the foreman.

The foreman grins at the bear and says "Oh, I forgot to tell you, today's the day the teddy bears have their pick nicked."

A poodle and a collie are walking together when the poodle suddenly unloads on his friend. "My life is a mess," he says. "My owner is mean, my girlfriend ran away with a schnauzer, and I'm as jittery as a cat." "Why don't you go see a psychiatrist?" suggests the collie.

"I can't," says the poodle. "I'm not allowed on the couch."

What did one bee say to the other bee? Wasabi!

An almost hysterical man calls 911 and yells, "Please come quickly! Kailey is pregnant and her labor started now, it's really intense!"

"Is this her first child?" asks the operator.

"No you dumbass! It's her husband!"