



# Still Talking

Dedicated to the welfare of Laryngectomees and those with similar vocal disorders.

**ALL CORRESPONDENCE :** The Secretary, The Laryngectomee Association of NSW

Villa 65/9 Col Drewe Dr, STH Bowenfels, NSW,2790

Email: [lansw@stilltalking.org](mailto:lansw@stilltalking.org).

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The Laryngectomee Association of NSW©

July 2018

## OFFICE BEARERS

**PRESIDENT:** Les Byrnes, 82/79-87 Boyce Road, MAROUBRA, 2035.(02) 93440445.  
0401585287 [penbyrnes23@gmail.com](mailto:penbyrnes23@gmail.com)

### VICE PRESIDENT, WEBSITE ADMIN:

Greg Joss 61 Morrice Street, LANE COVE  
2066 (02) 9427 0509

**VICE PRESIDENT:** Peter Tierney,  
11Berrico Place, BANGOR, 2234 (02) 9543  
0478

### SECRETARY/TREASURER:

Raymond Chappelow, Villa 65/9 Col Drewe  
Dr, STH BOWENFELS, 2790, 0400 409 325  
[raymond.chappelow@bigpond.com](mailto:raymond.chappelow@bigpond.com)

**WELFARE OFFICER:** Cathy Edwards  
**SHOWER SHIELD, WELFARE MATTERS:**  
Cathy Edwards, PO Box 54, ALLAWAH,  
2218. 02 9587 9636

[cedwards53@bigpond.com](mailto:cedwards53@bigpond.com)

### ASSISTANT WELFARE OFFICER

Wally Bak 4 Swords Ave., Mt Druitt, 2770  
(02) 9864 6205 [wallybak@gmail.com](mailto:wallybak@gmail.com)

### SPEECH AIDS COORDINATOR:

**BATTERIES FOR SERVOX, LOAN  
SPEECH AIDS, ADVICE ON REPAIRS**  
Chris Barrett 8 Sacha Terrace Terrigal NSW  
2260 Ph: 0243851440 .

[chrisbarrett1951@hotmail.com](mailto:chrisbarrett1951@hotmail.com)

**EDITOR:** George Southgate, 65 Church St  
Glen Innes 2370 Ph 0417174456

[geocentric.gs@gmail.com](mailto:geocentric.gs@gmail.com)

## NEXT MEETING

3<sup>rd</sup> Wednesday February – November  
at the Sydney Mechanics Institute,  
280 Pitt St, SYDNEY at 10.45 am.  
(EXCLUDING APR, JUL & OCT  
DETAILS TO BE ADVISED Pg. 2)  
The meeting will be followed by light  
refreshments. Laryngectomees,  
friends, families, professionals all  
welcome.

## ACCOMMODATION ASSISTANCE WHEN NEEDED

### OUT-PATIENT TREATMENT AWAY FROM HOME:

Cancer Council NSW, 153 Dowling St,  
WOOLLOOMOOLOO, 2011 (PO Box 572,  
Kings Cross, 1340), Phone: 13 11 20.  
(Information & Support) Or contact Social  
Worker at hospital you will be attending.

[www.cancercouncil.com.au](http://www.cancercouncil.com.au)

### ASSOCIATION WEBPAGE:

[www.stilltalking.org](http://www.stilltalking.org).

### INTERNATIONAL ASSOCIATION OF LARYNGECTOMEES:

[www.theial.com/ial](http://www.theial.com/ial)

### WEB WHISPERS:

[www.webwhispers.org](http://www.webwhispers.org)



## Regional Meetings

NSW Association: 3rd Wednesday of month (Feb - Nov) Next July 18th Liverpool Hospital

**NEWCASTLE:** 3rd Tuesday. Monthly Alder Park Bowling Club. 132 Bridges Road New Lambton. Start 12.30 -2.00 Contact John Lovett (02) 4954 8308 johndawnlovett@optusnet.com.au

**NORTHERN RIVERS:** 4 times annually in Lismore. Contact Speech Pathologist Allison Grady (02) 6629 4523 or (02) 6620 21 57

**ALBURY:** Meets alternate months from February. Contact Norma Teasdale 02 60211749

**SOUTHERN DISTRICTS:** Last Wednesday of month 10am. Thomas Rachael Moore Education Centre, Liverpool Hospital. Contact Michelle Roach 0477739190 michelle.roach@health.nsw.gov.au

**MID NORTH COAST:** The Colonial rooms Behind Saint Thomas's Anglican Church Hay St Port Macquarie Last Wed of March. June. September. & 1st Wednesday December. Contact (02) 65801828

**CENTRAL COAST:** 3rd Thursday of the month, Cancer Council Community Hub, The Hive, Erina Fair 10am –12 noon. Head and neck cancer nurse (02) 4320 9823 Cancer Council 4336 4500 Facillitator Gary Marr 0412 262 145 gsm18@live.com.au

**COFFS / CLARENCE:** Shearwater Lodge, Coffs Health Campus. 2pm every 3rd Thursday, Bi-monthly Contact Melissa.Parish 02 6656 7606 melissa.parish@ncahs.health.nsw.gov.au

## Minutes

# Laryngectomee Association of NSW Inc. Minutes of Meeting held 20 June 2018.

The President, Les Byrnes, opened the Meeting at 10:50am, welcoming members present and apologising for the absence of Secretary/Treasurer, Raymond Chappelow who is experiencing a rough time at present.

Members expressed concern and hoped that he will be back on deck soon

### **Attendance – Laryngectomees:**

Peter Tierney; Cate Durney; Vicki Pedras; Greg Joss; Frank Campbell; John Pyle; Chris Barrett & Les Byrnes.

### **Attendance – Non-laryngectomees:**

Glenda Tierney; Cathy Edwards; Carol Gardner & Glen Williams.

### **Apologies:**

Raymond Chappelow

### **New Members (since April):**

Suzanne Burns of Harden; Neville Morrin of Murwillumbah; John Roper of Watanobi.

### **Renewals of May & June:**

John McMahon; Hazel Cook; Frank Campbell; John Peden

### **Vales:**

Janice Heapy of Miranda; Veljko Vukmir of Narrabundah.

### **Minutes**

The Minutes of the May Meeting, having previously been circulated, were accepted as read.

It was noted that the hard copies of Still Talking were delivered at least 4 days before the Meeting.

**Business arising from May Minutes:**

1. Welfare Officer (Cathy Edwards) requested that the word “Material” be deleted from front page as stocks of materials for Stoma Covers are scarce & it may take some time to source new supplies.
2. The Term deposit (5194) which has matured was discussed and it was resolved that the Term Deposit be terminated. Further that the funds be transferred to the LANSW Society Account also with the CBA. The President to organise ASAP.

**Correspondence**

Outgoing

Letters of Welcome to –  
Suzanne Burns (Carer/Wife of Peter Burns) of Harden  
Neville Morrin of Murwillumbah  
John Roper of Watanobi  
Condolence cards re the late –  
Janice Heapy of Miranda  
Veljko Vukmir of Narrabundah

**Incoming**

National Pen – promotional material  
Michelle Adams re Janice Heapy  
Email re Albury Regional Meetings from information sharing web-site

Tanya Dawe

**AWH Speech Pathology Manager**

**Phone:** 02 6058 4565

**Mobile:** 0409 543 653

**Fax:** 02 6058 4520

**Email:** [tanya.dawe@awh.org.au](mailto:tanya.dawe@awh.org.au)

**Albury Campus**

Borella Road

PO Box 326  
Albury NSW 2640

Visit us at

The above was supplied & Tanya will be listed as the contact on our “Regional Meetings” page of newsletter.

LAVictoria “The New Voice” June 2018 edition.

## WELFARE REPORT FOR May/June 2018

### PATIENT PACKS

5 St Vincents Hospital

### STOMA COVERS & ACCESSORIES

Inv No	Name	Goods	Cost
455	Mario Lipoma	10 Stoma covers	\$ 60.00
456	Ray Pacini	7 stoma covers	\$ 42.00
457	Anthony Peck	1 showersield	\$ 30.00
458	Frederick Gardner	1 showersield	\$ 30.00
459	Neville Morrin	4 Stoma Covers	\$ 24.00
460	Marco Gianette	4 Single ties stoma covers	\$ 24.00
461	John Honeyman	1 showersield	\$ 30.00
462	Neville Morrin	3 double & 3 single Stoma Covers	\$ 36.00
463	Gerry Rowstone	1 tweezer, 1 showersield, 3 single & 3 double stoma covers	\$ 72.00
464	Fred Pace	20 single stoma covers + 3 years membership (2016, 2017 & 2018)	\$ 150.00
465	Marco Gianetti	12 Single stoma covers	\$ 72.00

### Emergency Cards sent

P Dixon Lugarno

### Packs for New Members

Neville Morrin Murwillumbah  
John Roper Watanobi

### Postage Costs

Float - given in June 2017		\$	500.00
Balance b/f		\$	500.00
Neville Morrin	\$	5.20	
Small Satchel x 10	\$	80.75	
<b>total</b>	<b>\$</b>	<b>85.95</b>	<b>\$ 414.05</b>

Cathy Edwards reported that she is unable to send material to members to make their own Stoma Covers as stocks are low. She is searching for suppliers as the company which supplied the cloth closed down some years ago. If any member has contacts or knows of some company that may have this material, please contact Cathy ASAP? Other wise we may have to source from SE Asia or thereabouts

## Financial Report

**CBA balance as at 30  
April 2018**                      **\$9,121.95**

Add income

Subscriptions	\$50.00
Patients' Supplies	\$231.50
Interest	\$431.95
Sundries	\$1,644.00

Total Income                      \$11,479.40

Less Expenditure

Stationery	\$22.50
Postage	\$84.95
Lunch	\$113.40

Total Expenditure                      \$220.85

Less unrepresented March cheque #704 (Sundries)	\$100.00
Less unrepresented April cheque #707 (Supplies)	\$446.63

**CBA balance as at 31  
May 2018**                      **\$10,731.92**

## Claims for Payment

### Paid

Cathy Edwards Float \$514:65

Wendy Tyrell – Supplies (Stoma Covers) - \$402.61

Master Instruments – Supplies (Servox batteries) - \$303.62

SMS of Arts – Rent (May) - \$42.00

### Currently Claimed

Raymond Chappelow – Post - \$42.30

It was resolved that payment for the above be endorsed

## General Business:

The President reported that the lobbying of the Queensland government is progressing, albeit slowly, for the same services as from EnableNSW & more recently Victorian laryngectomees, whereas HME's etc. are funded through their Health Department.

A question regarding an unfinancial applicant receiving a Welcome Pack was answered by Glenda Tierney (acted as Welfare Officer in Cathy's recent absence). The recipient has since become a financial member.

Cathy Edwards explained that Patient Packs are issued by Hospital staff free of any charge or obligation from LANSW to intending or new laryngectomees.

Welcome Packs are sent to larys after joining LANSW.

### Next Meeting

Will be held on Wednesday July 18 at Liverpool Hospital commencing at 12 noon.

A map & directions will be printed in the July newsletter with any up to date information such as catering as it is hoped to provide a light lunch as per normal. There being no further business, the Meeting closed at 11:30am.

## **Magnetic 'metal seed' that destroys brain tumours in ten minutes invented by British scientists** “The Telegraph”

Deadly brain tumours could be removed in just ten minutes with a groundbreaking new treatment which uses MRI scanners to heat up cancer cells until they die.

The new therapy, developed by University College London, involves injecting a tiny magnetic metal 'seed' into the bloodstream and directing it to the site of the cancer.

The scanner is then used to heat up the metal seed which causes the cells to die in the surrounding tissue. Not only does it quickly kill cancer cells, but it saves healthy cells from the damaging effects of invasive surgery or radiotherapy.

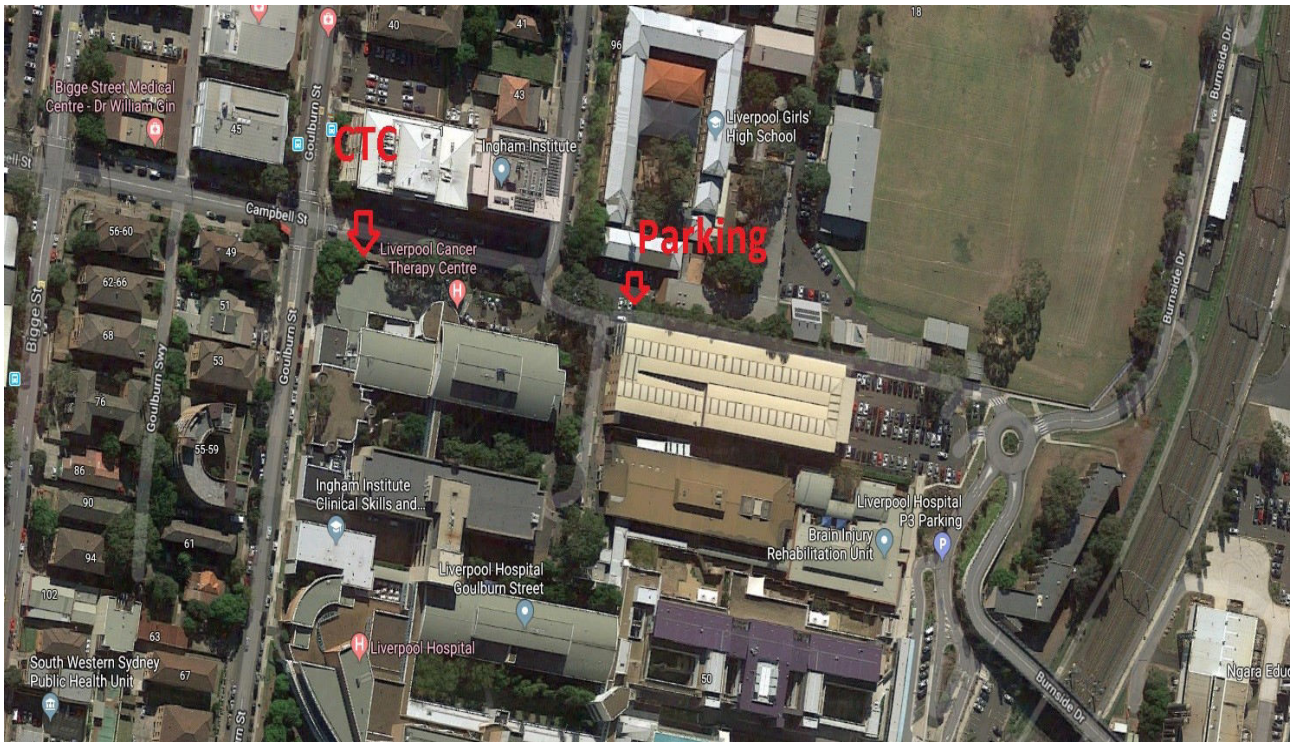


# July Meeting

In an attempt to encourage members to attend our monthly meetings, the LANSW is trialling different venues away from the city. The July Meeting is being held at Liverpool Hospital on 18 July 2018 in The Conference Room of the JRK Wellness Centre, Level 1 of the Cancer Therapy Centre, Campbell Street (near Goulburn Street) Liverpool commencing at 12 noon (till 2pm) Tea & coffee will be available within the Centre. The resident Speech Pathologists will be invited as will guests from within & outside of this hospital. All members, family & carers are invited, especially those who live closer to Liverpool and may be outpatients of Liverpool

Hospital





## Funnies



**A successful** rancher died and left everything to his devoted wife.

She was a very good-looking woman and determined to keep the ranch, but knew very little about ranching, so she decided to place an ad in the newspaper for a ranch hand.

Two cowboys applied for the job. One was gay and the other a drunk.

She thought long and hard about it, and when no one else applied she decided to hire the gay guy, figuring it would be safer to have him around the house than the drunk.

He proved to be a hard worker who put in long hours every day and knew a lot about ranching.

For weeks, the two of them worked, and the ranch was doing very well.

Then one day, the rancher's widow said to the hired hand, "You have done a really good job, and the ranch looks great. You should go into town and kick up your heels." The hired hand readily agreed and went into town one Saturday night.

One o'clock came, however, and he didn't return.

Two o'clock and no hired hand.

Finally he returned around two-thirty, and upon entering the room, he found the rancher's widow sitting by the fireplace with a glass of wine, waiting for him.

She quietly called him over to her.

"Unbutton my blouse and take it off," she said.

Trembling, he did as she directed. "Now take off my boots."

He did as she asked, ever so slowly. "Now take

Of my socks." He removed each gently and placed them neatly by her boots.

"Now take off my skirt."

He slowly unbuttoned it, constantly watching her eyes in the fire light" Now take off my bra." Again, with trembling hands, he did as he was told and dropped it to the floor.

Then she looked at him and said, "If you ever wear my clothes into town again, you're fired."

**The day after** his wife disappeared in a kayaking accident, a Claddaghduff, Ireland man answered his door to find two grim-faced Constables. "We're sorry, Mr. O' Flynn, but we have some information about your dear wife, Maureen" said one of the officers "Tell me! Did you find her?" Michael Patrick O'Flynn asked. The constables looked at each other and one said, "We have some bad news, some good news, and some really great news. Which would you like to hear first?" Fearing the worst, Mr. O' Flynn said, "Give me the bad news first." The constable said, "I'm sorry to tell you, sir, but early this morning we found your poor wife's body in the bay."

"Lord Jesus and Holy Mother of God!" exclaimed O'Flynn. Swallowing hard, he asked, "What could possibly be the good news?" The constable continued, "When we pulled the late, departed poor Maureen up, she had 12 of the best-looking Atlantic lobsters that you have ever seen clinging to her. Haven't seen lobsters like that since the 1960's, and we feel you are entitled to a share in the catch." Stunned, Mr. O' Flynn demanded, "Glory be to God, if that's the good news, then what's the really great news?" The constable replied, "We're gonna pull her up again tomorrow."

**Why did** the blonde stare at a frozen orange juice can for 2 hours? Because it said "concentrate"!