



Still Talking

*Dedicated to the welfare of Laryngectomees and those with similar vocal disorders. ALL CORRESPONDENCE :
The Secretary, The Laryngectomee Association of NSW
Inc PO Box 443 Woy Woy, NSW 2256*

Email: lansw@stilltalking.org.

Issue No. 315

The Laryngectomee Association of NSW Inc©

February 2021



Office Bearers

PRESIDENT:

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nes23@gmail.com

VICE PRESIDENT, WEBSITE

ADMIN: Greg Joss 61 Morrice Street,
LANE COVE 2066 (02) 9427 0509

VICE PRESIDENT:

Peter Tierney, 11Berrico Place,
BANGOR, 2234 (02) 9543 0478

SECRETARY/TREASURER:

Nigel Balm, PO Box 443 Woy Woy,
NSW 2256 0449 155 766
lansw@stilltalking.org.

WELFARE OFFICER: STOMA COVERS, SHOWER SHIELDS,

Patient Packs & Welcome Packs:
Yvonne Byrnes Unit 82/ 79-87/Boyce
Rd Maroubra. 2035. Phones
93440445/ 0423517737. email
ybyrnes23@gmail .com

ASSISTANT WELFARE OFFICER

Wally Bak 4 Swords Ave., Mt Druitt,
2770 0432273957

wallybak@gmail.com

Meetings

Next Sydney Meeting 17th March.
Refer to Pg.3

SPEECH AIDS COORDINATOR: BATTERIES FOR SERVOX, LOAN SPEECH AIDS, ADVICE ON REPAIRS

Chris Barrett 8 Sacha Terrace Terrigal
NSW 2260 Ph: 0243851440 .

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EDITOR:

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ACCOMMODATION ASSISTANCE WHEN NEEDED OUT-PATIENT TREATMENT AWAY FROM HOME:

Cancer Council NSW, 153 Dowling St,
WOOLLOOMOOLOO, 2011 (PO Box
572, Kings Cross, 1340), Phone:

13 11 20. (Information & Support) Or
contact Social Worker at hospital you
will be attending.

www.cancercouncil.com.au

ASSOCIATION WEBPAGE:

www.stilltalking.org.

INTERNATIONAL ASSOCIATION OF LARYNGECTOMEEES:

www.theial.com/ial

WEB WHISPERS:

www.webwhispers.org

(please check with contacts, because of covid)

NSW ASSOCIATION:

3rd Wednesday of month (Feb—Nov) Sydney Mechanics Institute, 280 Pitt St. SYDNEY At 10.45 am.

Meetings will be followed by light refreshments. Laryngectomees, friends, families.

Professionals all welcome Contact Nigel Balm 0449155766

NEWCASTLE:

3rd Tuesday monthly Mayfield Bowling Club, Ingall Street Mayfield start 12.30—200.

Contact Jonn Lovett 4954 8308

NORTHERN RIVERS:

4 Times annually in Lismore. Contact Speech Pathologist Allison Grady 6629 4523 6620 2157

Albury:

Kate everitt—Speech Pathology Manager, Albury Wodonga Health 6058 4565

Email: kate.everitt@awh.org.au

Mid North Coast:

The Colonial rooms behind Saint Thomas Anglican Church Hay St Port Macquarie Last Wednesday of March, June September and 1st of December 6580 1828 Wednesday

Central Coast:

3rd Thursday of the month Cancer Council Hub, the Hive, Erina Fair 10am—12 noon Head and neck Cancer Nurse 43209823 Cancer Council 4336 4500 Facilitator Gary Marr 412262145 gsm18@live.com.au

Coffs/Clarence:

Shearwater lodge, Coffs Health Campus 2pm every 3rd Thursday, Bi-monthly Contact Melissa Parish 6656 7606 melissa.parish@ncahs.health.nsw.gov.au

INCOMING CORRESPONDENCE

Letters:

- * Eric Barnier – membership fee cheque.
- * John Chaloner – donation.
- * Antoinetta Giannetti – advising of the passing of member Marco Giannetti.
- * Marjorie McIntyre – advising of the passing of member Robert McIntyre.
- * Commonwealth Bank – Term Deposit notification, and options for re-investment.

Emails:

- * Netregistry – renewal notice for domain name registration.
- * Netregistry – renewal notice for website hosting.
- * Clarissa Bye – journalist Daily Telegraph, seeking comment on the tribunal of two nurses involved in the death of the 80 year old Laryngectomee at the Prince of Wales Hospital, Randwick.
- * Lennie Smith – change of postal address.
- * Trevor Jones – request for car window stickers for Emergency first responders.
- * ACNC monthly newsletters – November, December and January.
- * Shareen Banner Neighbourhood Centre Bellingen – request for assistance to locate a person mentioned in a newsletter.
- * Kylie Campbell, SMSA – confirmation of bookings for meeting room.

- * Legal Deposit, State Library – communication explaining our requirement to provide a digital copy of our newsletters to the State Library of NSW.
- * Carolyn Evett – asking for advice on personal alarms for Laryngectomees.

OUTGOING CORRESPONDENCE

Emails:

- *Clarissa Bye – response to her request for a comment. We explained that we are a not-for-profit charity run by volunteers. We supply non-medical equipment at cost and offer support fellowship through our website, newsletter, and monthly meetings. No comment was provided regarding the outcome of the tribunal.
- *Kylie Campbell, SMSA – booking form for meeting room for 2021.
- *Carolyn Evett – reply to her request for information on personal alarms. Suggested Carolyn to contact the patient's Speech Pathologist.

MEMBERSHIP RENEWALS

Nigel Balm 2021, Eric Barnier 2021, Alfred Draper 2021, Geoffrey Stevens 2021. Please Note: membership fees are due 1 January 2021. If your name is not in the table below, your membership fee is now due. To pay: please pay at any Commonwealth Bank to the following account: BSB: 062-595 Account: 00905579, Name of Account: LANSW Inc When you deposit your payment at the bank, make a direct credit or bank transfer, please reference the amount with your full name. Without a name reference, we do not know who has paid. Alternatively, send a cheque payable to: LANSW Inc. Post to: The Treasurer LANSW Inc PO BOX 443 Woy Woy NSW 2256

Vale Notices

We are sad to hear of the passing of two members – Marco Giannetti and Robert McIntyre. On behalf of the LANSW, we offer our sincere condolences to Marco and Robert's family and friends. We are also saddened to hear Frank Campbell's wife recently passed away. On behalf of us all, we offer our deepest sympathy to you, your family and friends.

Members Email Address Interest rates are at a historic low, severely impacting the return on our Term Deposit investment. It would be remiss of us if we did not look at ways to reduce our running costs to safeguard the association's future. The printing and posting of our Still Talking Newsletter is a significant cost. To reduce this, we encourage all members to provide us with an email address. If you do not have an email account, you could ask a family member, friend or even your speech pathologist to use their email address so you can receive the newsletter via email. Providing an email address also helps us to provide quick communication to our email address. If you do not have an email account, you could ask a family member, friend or even your speech pathologist to use their email address so you can receive the newsletter via email. Providing an email address also helps us to provide quick communication to our members

Financial, Free and Life Members as of 14 February 2012

MEMBER NAME			FINANCIAL STATUS
Title	First Name2	Last Name	Financial Status
Mr	Keith	Anderson	Financial
Mr	George	Angelakos	Financial
Mr	Nigel	Balm	Financial
Mrs	Nikola	Banovic	Financial
Mr	Eric	Barnier	Financial
Mr	Christopher	Barrett	Financial
Mrs	Wilma	Callender	Financial
Mr	John	Czadrik	Financial
Mr	John	Douglas	Financial
Mr	Alfred	Draper	Financial
Mr	Gunter	Fahrenheit	Financial
Mr	Edward	Gregory	Financial
Mr	Howard Raymond	Harrington	Financial
Ms	Jennifer	Henderson	Financial
Mr	Roderick	Hill	Financial
Mr	Lionel	Huggett	Financial
Mr	Trevor	Jones	Financial
Mr	Peter	Kelly	Financial
Mr	Harold	Knight	Financial
Mr	David	McClymont	Financial
Mr	Gary	McDonald	Financial
Mr	Eric	McFarland	Financial
Mr	Anthony	Peck	Financial
Mr	David	Plummer	Financial
Mr	John	Pyle	Financial
Mr	Julian	Quitana	Financial
Mr	Phillip	Richards	Financial
Mr	Hermanto	Sidik	Financial
Mr	George	Southgate	Financial
Mr	Geoffrey	Stevens	Financial
Mrs	Josephine	Bluett	Free
Mrs	Wyn	Bolton	Free
Mrs	June	Coutts	Free
Mr	Pat	Dawson	Free
Mr	Rita	Finlay	Free
Mr	Christine	Fitzsimons	Free
Mr	Cedric	Fleming	Free
Mr	Lesley	Hammond	Free
Mr	Patricia	Lamont	Free
Mr	Barbara	McQuiggin	Free
Mr	Jacqui	Millen	Free
Mr	Helen	Morley	Free
Mr	Jennifer	Mudd	Free
Mr	Margaret	Roach	Free
Mr	Christine	Warbrick	Free
Mrs	Joy	Williams	Free
Mr	John	Chaloner	Life Member
Mrs	Carol	Gardner	Life Member
Mr	Antoni	Krasnodeb-	Life Member
Mr	Dawn	Lovett	Life Member
Mr	John	Lovett	Life Member
Mr	Richard	Patman	Life Member

**Laryngectomee Association of NSW Inc.
Profit and Loss**

1 January - 16 February 2021

TOTAL

Income

Membership 50.00

Patient Supplies 210.00

Total Income A\$260.00

GROSS PROFIT A\$260.00

Other Income

Interest income 11.37

Total Other Income A\$11.37

Expenses

Telephone & internet expenses 269.70

Venue Hire 50.00

Total Expenses A\$319.70

NET EARNINGS A\$ -48.33

Note

Expenses

Netregistry - renew domain name registration Netregistry - renew website site hosting.

Cheque Account Balance 16 Feb 2021: \$58,819

IMPORTANT.

Letter to members of the LANSW.

The previous year was one that all of us would like to forget . Hopefully 2021 will see a return to some sort of normalcy. What will be normal in the near future is yet to be determined. Despite the lack of face to face meetings of the LANSW, the association has still carried on with business as usual. Some meetings were held with only a quorum present to carry out our duties and support to members and complying with the ACNC regulations.

This letter is to advise you of what the LANSW is planning for the future and below are guidelines, suggestions and ideas ,which the undersigned members of the committee will be presenting in the Agenda for our next AGM [probably June 2021].

1: Still Talking.org.au website to be completely overhauled, employing an independent website manager to submit a new website for adoption.

2: Meetings of LANSW. Under the Australian Charities and Not for profit Commission regulations , we need to meet only 3 times per annum. It is suggested that we conduct our meetings bi-monthly in future with months etc be determined at the AGM. On this point we have decided to cancel the February meeting, hold an ordinary meeting in March at the normal venue with the AGM in June 2021.

3: Likewise with the Still Talking Newsletter which will only need to be issued bi-monthly [with the option for additional issues if necessary]. It is also recommended that all issues of ST will only be sent by email to members with hard copies by post discontinued. Access to the ST newsletter will be available on the new website at the same time as emailed issues. Costs of printing and postage will save the LANSW a significant cost which will allow the association to expand its assistance to all members.

4: Welfare Matters. It is proposed that the sale of Stoma covers & Shower Shields [the only equipment we currently sell] will continue for financial members, but with an added bonus of a discount below cost price plus the usual postage free. It is also proposed to make available, to all total laryngectomees in Australia ,the same products at the cost price plus postage and handling. This new offer will be announced in the new website when launched. Another proposal is to consider requests from members who have exhausted their quota of essential equipment from Enable, NDIS etc and cannot afford to purchase more. The LANSW will consider providing ,free of charge to the member, up to an amount approved by the Committee.

5: Finally, the annual subscription of \$10 pa is due and payable and can be deposited to the LANSW bank account at BSB 062-295 account # 00905579.please ensure that you record your name on deposit which is easy to do at any Commonwealth Bank ATM which takes deposits. It is important that you renew your membership of the LANSW as it is the only way that we know that you are still in”the land of the living “[unless you order goods from us or attend meetings]

Signed.

President. LES BYRNES.

Secretary/Treasurer. NIGEL BALM

Welfare Officer. YVONNE BYRNES.

Even though they could have afforded to live anywhere they wanted, tradition dictated they stay on their tiny island home.

Eventually, their king became frustrated and called a meeting of the tribe's elders. He said he wanted them to figure out a way he could enjoy his wealth, and stay within traditional guidelines.

After much consideration, the elders suggested he build a magnificent throne. When he objected there was not enough room in his hut for a throne, the elders suggested he call in an engineer to solve the problem.

Soon, the king's tiny hut was rigged with an elaborate system of ropes and pulleys. He could lower the huge throne for use during the day, and at night, he could haul the throne up, and lower his bed. This was truly the best of both worlds for the king.

Unfortunately, after a few months of constant use, the ropes frayed, and one night, the throne slipped and came crashing down on the king, killing him.

The wise men of the island recognized a lesson in this experience and added to the lore of their people this statement: "People who live in grass houses should not stow thrones." A woman and man get into a car accident. Both of their cars are totally demolished, but amazingly neither of them are hurt. After they crawl out of the wreckage, the woman says, "Wow, look at our cars - there's nothing left! Thank God we are all right. This must be a sign from Him that we should be friends and not try to pin the blame on each other." The man replies, "Oh yes, I agree with you completely." The woman points to a bottle on the ground and says, "And here's another miracle. Somehow this bottle of scotch from my back seat didn't break. Surely God wants us to drink this scotch and celebrate our good fortune." Then she hands the bottle to the man. The man nods his head in agreement, opens it, and drinks about a third of the bottle

to calm his nerves. He then hands it back to the woman. The woman takes the bottle,

immediately puts the cap back on, and hands it back to the man. The man asks, "Aren't you having any?" The woman replies, "No. I think I'll just wait for the police

What did the Buddhist ask the hot dog vendor? "Make me one with everything."

What do you call an alligator in a vest? An investigator.

A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on." The child then went to his mother, asked her the same question and she told him, "We were monkeys then we evolved to become like we are now."

The child ran back to his father and said, "You lied to me!" His father replied, "No, your mom was talking about her side of the family."

A blonde and a redhead have a ranch. They have just lost their bull. The women need to buy another, but only have \$500. The redhead tells the blonde, "I will go to the market and see if I can find one for under that amount. If I can, I will send you a telegram." She goes to the market and finds one for \$499.

Having only one dollar left, she goes to the telegraph office and finds out that it costs one dollar per word. She is stumped on how to tell the blonde to bring the truck and trailer. Finally, she tells the telegraph operator to send the word "comfortable." Skeptical, the operator asks, "How will she know to come with the trailer from just that word?" The redhead replies, "She's a blonde so she reads slow: 'Come for ta bull.'"